**Learning Log: Think about data in daily life**

**Instructions**You can use this document as a template for the learning log activity: Think about data in daily life. Type your answers in this document, and save it on your computer or Google Drive.

We recommend that you save every learning log in one folder and include a date in the file name to help you stay organized. Important information like course number, title, and activity name are already included. After you finish your learning log entry, you can come back and reread your responses later to understand how your opinions on different topics may have changed throughout the courses.

To review detailed instructions on how to complete this activity, please return to Coursera: [Learning Log: Think about data in daily life](https://www.coursera.org/learn/foundations-data/supplement/yW748/learning-log-think-about-data-in-daily-life).

| **Date:** <enter date> | **Course/topic:** Course 1: Foundations: Data, Data Everywhere | | |
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| **Learning Log:** Think about data in daily life | | |
| **Everyday data** | Create a list of at least five questions:  1. What flavor of ice cream do customers buy?  2. How many cups of tea do you drink each day?  3. How many hours of sleep do you get each day?  4. How much time do you spend on your mobile phone every day?  5. How much time do you exercise each day?  Now, select one of the five questions from your list to explore.  *Selected question*: *How much time do you exercise each day?* | | |
| **Reflection:** | Write 2-3 sentences (40-60 words) in response to each of the questions below. | | |
| **Questions and responses:** | * What are some considerations or preferences you want to keep in mind when making a decision?   *Do I go to the gym or exercise at home itself? Do I use some equipment or do normal exercise? Am I someone who enjoys working out early in the morning or evening? How much time do I have between wake up time and office time in the morning?*   * What kind of information or data do you have access to that will influence your decision?   *At what time do I have to go to my office? At what time do I wake up? Do I have any meetings in the evening? Do I have any plans with my family or friends in the evening?*   * Are there any other things you might want to track associated with this decision?   If I’m going to the gym, then at what times is the gym the busiest and at what times is it quieter? Do I go to the gym by walking or by car? Is the parking provided by the gym or not? | | |